

ISSUE #11 (13 October 2017)



Welcome to the Office of Student Community Engagement's fortnightly update.

When buying groceries, would you pass over a dented apple or a slightly browned banana?

[Food and Agriculture Organization of the United Nations](#) (FAO) estimates that each year, approximately one-third of all food produced for human consumption in the world is lost or wasted. This food wastage represents a missed opportunity to improve global food security, mitigate environmental impacts and resources use from food chains.

According to the [National Environment Agency](#) (NEA), Singapore generated 791,000 tonnes of food waste in 2016 - equivalent to each person throwing away two bowls of food every day. In a [survey](#) involving 1,000 people, household appliance company Electrolux found that 83% of Singaporeans would only buy fruit and vegetables that look fresh and good. It also revealed that a quarter of them will never eat "ugly food" (i.e. fruit and vegetables that had misshapen or bruised).

Food waste is a real and increasing concern and we all have a shared responsibility to start making changes in our homes. Ugly food can taste just as good as perfect-looking food and is as nutritious. Embrace the ugly because [#UglyIsTheNewGood](#).

Be informed. Be inspired. Be the change.

** Head down to the Colab4Good Room @ The Hive (Level B5) from Mondays to Fridays, 12 pm - 2 pm to view daily curated videos on Food Wastage. The videos will run till 25 November 2017. Click [here](#) for screening schedule.



Articles and Updates

British food waste campaigner impressed by Singapore's efforts

Tristram Stuart who visited NTU recently at the *National Geographic Live!* event, raises awareness of food wastage and works to change society's attitudes towards the issue. Read [more](#)...

Hotel buffets, a culprit of food waste

Guests ate just over half of the food put out. Only 10% - 15% of the leftovers could be donated or repurposed because of food safety regulations, while the rest ended up in the garbage. The sizable waste generated by coffee, juices and other liquids added to the conundrum. Read [more](#)...

How Norway is selling out-of-date food to help tackle waste

Supermarkets selling out-of-date produce and apps that identify food at risk of being binned are part of an ambitious plan to slash the nation's food waste. Read [more](#)...

The war on food waste has a new weapon: a fridge camera

The world's first wireless fridge camera, The FridgeCam and its app aims to help households slash food waste by being able to check exactly on their smartphones what they have in their refrigerator at any time. The app will also monitor use-by dates and send out automatic top-up reminders. Read [more](#)...

Serving UK's first 'food waste wedding' feast

Chicken and fruit rejected by retailers were used in style when Charlotte and Nick Baker got married. Read [more](#)...

Volunteer Opportunities



Do you love to **interact with the elderly**?

YMCA Silver Fiesta 2017 is an annual event that engages youth volunteers to promote intergenerational bonding and an active-ageing lifestyle amongst the elderly through Arts & Cultural based programmes such as traditional opera performances, handicrafts sessions, carnival games, exercise workouts, sports and dance.

YMCA is requesting for befrienders or ground crew (ushers/logistics/booth assistants/stage hands) volunteers.

- **When:** 9 - 10 November 2017, 9.00 am - 3.00 pm [morning shift] or 1.00 pm - 7.00 pm [afternoon shift]
- **Where:** Toa Payoh HDB Hub (480 Lorong 6 Toa Payoh, Singapore 310480)

* Volunteers may select either the morning or afternoon shifts. Meals are provided for volunteers during their respective shift.

Click [here](#) to view highlights of Silver Fiesta 2016.

Email your name, contact details and preferred volunteer role to Phua Mei Xuan at meixuan@ymca.org.sg or call 6586 2352 to register your interest. Registration closes on 31 October 2017.



Do you have a **passion to work with pre-schoolers and seniors**?

Calvary Community Care (C3) is a not-for-profit Voluntary Welfare Organisation that seeks to serve the needy in the community regardless of race, age, gender or religion. They are recruiting student volunteers to teach their senior clients in the following programmes. Training will be provided.

CAMP GROW (Gain Reading Oral & Writing Skills)

This is a story camp for pre-schoolers!

Volunteers need to prepare logistics before camp and, conduct camp activities such as craft, games, and sing-along sessions for the entire camp duration of three days.

- **When:** 6 - 8 December 2017, 8.30 pm - 3.00 pm
- **Where:** Potong Pasir Community Club (6 Potong Pasir Avenue 2, Singapore 358361)

MOBILE SATELLITE CENTRE (SENIORS)

On a monthly basis, volunteers will visit different blocks in Potong Pasir to engage seniors living nearby with games and activities. Volunteers must be committed to attend meetings to organise games and programmes prior to visit.

- **When:** January 2018, Saturday mornings
- **Where:** HDB blocks near Potong Pasir MRT

Email Cheryl Yeo at cherylyeo@calvary.org.sg or call 6281 1866 / 9769 0556 to register your interest.



Embarking on your own volunteer activity or social advocacy project?
The CoLab4Good Fund seeks to support meaningful ground-up initiatives.
Find out more [here](#).

Competitions and Grants



ASEAN-EU BIODIVERSITY YOUTH VIDEO COMPETITION: MY NATURE MY HERO

Biodiversity is one of the important areas of cooperation between the EU and ASEAN this year.

The ASEAN-EU youth competition is aimed at enhancing people-to-people connectivity among ASEAN Member States and engaging the youth as the agents of support for this important cause. It is also organised to raise awareness on the importance of the issue of protecting the environment, to care about nature, to promote eco-tourism in the Southeast Asia region, and to preserve the rich biodiversity in the ASEAN region.

Submit a 1-minute video to stand a chance to win a free trip to a ASEAN Heritage Park and get your video narrated by celebrities from the ASEAN region. Click [here](#) for more information and to participate.

Registration closes on 5 November 2017. If you have any queries, please send them to euasean@edelman.com.



Upcoming Events

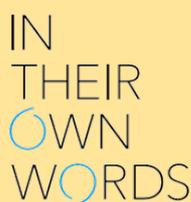


PHOTO EXHIBITION: IN THEIR OWN WORDS

Storytelling is the heartbeat of social change. Stories transform minds, inspire action, and unite people.

In Their Own Words was created by [UN Women Singapore](#) to tell the stories of everyday people who are championing gender equality. It features men and women who are taking the road less travelled by speaking up, removing obstacles, and influencing the next generation.

Lasting change does not come from the loudest voice or the biggest platform. Progress is made by individuals who use their journeys to set an example, and encouraging others to eliminate all forms of discrimination against women and girls.

- **When:** 14 - 27 October 2017
- **Where:** Marketplace @ North Spine
- **Cost:** Free



THE PURPLE PARADE

The Purple Parade turns five this year!

A mega celebration is in store for participants at this year's Purple Parade. Activities include a fun-filled carnival (food and games), special concert (by musicians with special needs) and a parade to celebrate and display creativity of the special needs community and their supporters.

This is an event not to be missed!

- **When:** 28 October 2017, 3.00 pm - 7.00 pm
- **Where:** Suntec City (Suntec Plaza) (3E Temasek Boulevard, Singapore 038984)
- **Cost:** Free

Click [here](#) to read more.



SUN-DAC WALKATHON 2017

SUN-DAC was set up in 1990 to serve persons with disabilities in a Day Activity Centre (DAC) setting. SUN-DAC strives to enhance their beneficiaries' level of independence and aid their integration into the community. It operates across three DACs and provide services to a total of 220 beneficiaries.

Funds raised through this 3km walkathon will help SUN-DAC to provide better quality programmes and services for their beneficiaries with the aim of promoting social inclusion.

Programme highlights include a goodie bag for all participants, fun-filled activity booths, sales of art and craft items, and tour of the Upper Thomson DAC.

- **When:** 12 November 2017, 8.00 am - 12.00 pm
- **Where:** SUN-DAC (Upper Thomson) (600 Upper Thomson Road, Block C, #01-21, Singapore 574421)
- **Cost:** Free

Email QCommE@ntu.edu.sg to register your interest by 27 October 2017.



SINGAPORE WRITERS FESTIVAL

What is the meaning of being "good"? The [Singapore Writers Festival](#) investigates this common creed and show how it can help one to navigate the trials and tribulations in an increasingly complex world.

The Singapore Writers Festival is one of the few multi-lingual literary festivals in the world, celebrating the written and spoken word in Singapore's official languages – English, Malay, Chinese and Tamil.

Purchase a Festival Pass at \$25 to gain access for all 10 days, which includes panel discussions, author dialogues and film screenings. Students are entitled a 20% discount.

THE GREEN STATE OF SINGAPORE

The late Lee Kuan Yew envisioned Singapore as a City in a Garden, a green oasis for its citizens and visitors. This discussion panel will trace the country's greening from the early 19th century, and discuss how its economic, social and intellectual development has been shaped by its environment and location.

- **When:** 3 November 2017, 8.00 pm - 9.00 pm
- **Where:** The Arts House (Blue Room) (1 Old Parliament Lane, Singapore 179429)

Click [here](#) to read more.

ARAM: AN INTERCULTURAL DIALOGUE

The ancient Tamil word 'Aram' is the theme of this year's Singapore Writers Festival. Aram is a complex term that engenders reflection on goodness, conscience, and everyday moral conduct. What is the relevance of Aram in the 21st century world and in multicultural Singapore? This opening 'intercultural dialogue' among intellectuals from various cultural backgrounds explores the theme of Aram, with the aim of drawing out shared values, nuanced differences, and new insights. The panelists and audience participants will articulate ideas in their own languages, as well as attempt to translate one another's words, however imperfectly. Constantly mediating between the familiar and unfamiliar, this format is experimental, open-ended and test the possibilities of a uniquely Singaporean conversation about the common moral life.

- **When:** 5 November 2017, 11.00 am - 12.30 pm
- **Where:** The Arts House (Chamber) (1 Old Parliament Lane, Singapore 179429)

Click [here](#) to read more.

HOW WRITERS CAN SAVE THE EARTH

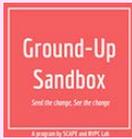
Global warming, over-fishing, greenhouse gases. These are just some of the pressing problems the world is facing. This discussion panel, comprises of three authors whose works engage with environmental issues, offers scenarios and solutions that could save the planet.

- **When:** 11 November 2017, 3.00 pm - 4.00 pm
- **Where:** HideOut @ Funan Showsuite (77 High Street, Singapore 179433) - located at the junction of High Street and Hill Street

Click [here](#) to read more.



Others



GROUND-UP SANDBOX

Want to do something for a cause you support but not sure where to start?

Organised by [National Volunteer and Philanthropy Centre](#) (NVPCL) and [*SCAPE](#), Group-Up Sandbox is an incubator designed to support tertiary students with funding, skills development and guidance from impactful ground up founders to kickstart their own projects!

Limited seats available. Click [here](#) to read more and register by 15 November 2017.

Student Community Engagement aims to empower students to make a difference through positive social actions. We provide students access to opportunities such as grants for their ground-up initiatives and social entrepreneurship efforts, internships at non-profit organisations, and training programmes to develop community leadership skills.

We believe that young people have a critical role to play in building a better world for themselves and the community.

Established in 2015, we are part of the Student Academic Services Department at NTU. More information at <http://www.ntu.edu.sg/sasd/communityengagement>.

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