



Some of the most formative years of our lives are spent growing up with our families. A strong family unit can help each member feel more fulfilled and better about themselves.

Today (15 May) is [International Day of Families](#). It is a day to celebrate the importance of families, people, societies and cultures around the world.

You can celebrate this momentous day by organising a family picnic or an outing to a famous spot such as the famed Jewel Changi Airport or the newly-opened Jurong Lake Gardens. The main idea is to gather, have fun and enjoy each other's companionship.

*Be informed. Be inspired. Be the change.*

# ARTICLES & UPDATES

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## Orphan with a heart for the lonely

Selva, now 27, was alone before he was 21. His mum passed away when he was 15 and his dad suffered a stroke a few years after. Forced to face the world by himself, he turned his loneliness into a passion for helping children facing adversity.

Read [more...](#)



## Family opens flat to kids seeking medical help

Since 2015, couple Mai Thi Thien Thanh and Eng Hiang has opened their flat for free to Vietnamese families with children who are seeking medical help in Singapore. They even provide them with home-cooked Vietnamese meals. The couple dip into their own savings to house their guests. Read [more...](#)



## Charity pays for poor family's staycation

Inspired by a British charity which gives families struggling with illnesses or disabilities a short holiday, local charity "The Break Away Holiday Charity" works with family service centres to reward needy families with a free staycation.

Read [more...](#)



## Couple adopts any baby who needs a home

Couple adopted their four children when they were newborn without asking to see their photos. They couldn't bear the thought of any child being abandoned a second time just because they chose someone else. Out of the four adopted children, three have special needs, but they have no regrets. Read [more...](#)

# VOLUNTEER OPPORTUNITIES



18 May 2019

## **Journey Through Decades**

In collaboration with Leng Kee CC YEC, come and befriend residents of United Medicare Centre through exciting board games. [Find out more.](#)



30 May 2019

## **Supermarket Tour with Seniors**

Love shopping? Accompany seniors on a shopping trip to Giant Tampines and spend time to bond with them. [Find out more.](#)

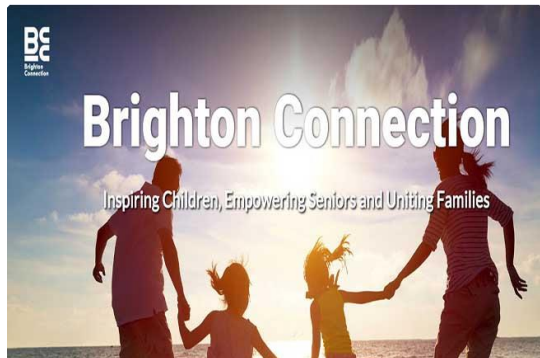


#CHOOSEFAMILYTIME  
**FAMILIES FOR LIFE**  
29 June 2019 | SAFRA Punggol

29 June 2019

## **Families For Life Celebrations**

Families are the building blocks of society. This annual celebration takes place in SAFRA Punggol this year. Volunteer at this significant event in a variety of roles. Register by 21 June. [Find out more.](#)



6 July - 31 August 2019

## **Tutoring Programme (Primary 1 - 6)**

Nurture the next generation of leaders by volunteering to be tutors for under-performing primary school students (from lower-income families) in Chinese, English and Mathematics. [Find out more.](#)

# COMPETITIONS & GRANTS

#ASEANDSE #SAP4GOOD



Today's Youth for Tomorrow's World

16 - 17 October 2019

## ASEAN Data Science Explorers Competition

Use data analytics to propose solutions to social, health and environmental challenges for its people in ASEAN. Stand to win cash prizes and a paid trip to Bangkok for the Regional Finals. Applications close on 17 May. Click [here](#) to find out more and register.

# UPCOMING EVENTS



24 May 2019

## Seeing Through Another's Eyes

See the darkness in the life of a visually impaired through experiential activities. Hear from WEmpathEYES, a social enterprise co-founded by current NTU student. [Find out more.](#)



1 - 2 June 2019

## AFTH Carnival : Crane For Hope

Organised by NTU CAC, the event comprises of performances, art and game booths. All proceeds go towards helping beneficiaries at Singapore Cancer Society. [Find out more.](#)



31 May - 2 June 2019

## DBS Marina Regatta 2019

Join in for a fun and meaningful weekend. There will be food booths and an outdoor eco-maze where you unearth myths about recycling and the environment. [Find out more.](#)



25 - 26 May 2019

## IMPACTHON: Youth E3

A two-day hackathon that brings together social innovators, changemakers, thought leaders and youths to tackle real-world issues and societal challenges. [Find out more.](#)



## OTHERS

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13 May - 15 June 2019

### **The Inclusivity Challenge**

In collaboration with the Disabled People's Association, Enactus Singapore is launching the first Inclusivity Challenge where participants will pitch their ideas to make a difference in the lives of people with disabilities. Applications close on 24 May. Click [here](#) to find out more and register.



5 June 2019

### **Eco Action Day**

Pledge your support today! Select the practices you would like to stop (or start) to contribute towards a greener future. Ricoh will match the carbon savings from these pledges, with an equivalent amount of natural gas carbon credits. Pledge [here!](#)



Student Community Engagement aims to empower students to make a difference through positive social actions. We believe that young people have a critical role to play in building a better world for themselves and the community.

We provide students access to opportunities such as grants for their ground-up initiatives and social entrepreneurship efforts, internships at non-profit organisations, and training programmes to develop community leadership skills.

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