28 February 2020

Newsletter Issue #68



Celebrated annually on 8 March, the 2020 <u>International Women's Day</u> will focus on the theme, 'An equal world is an enabled world'. It is a day where we celebrate the social, economic, cultural and political achievements of women while also making a call for accelerating gender equality.

We are all responsible for our own thoughts and actions every day. We can actively choose to challenge stereotypes, fight bias, broaden perceptions, improve situations and celebrate women's achievements.

Collectively, each one of us can help create a gender equal world. Let's all be *#EachforEqual*.

Be informed. Be inspired. Be the change.

ARTICLES & UPDATES



A real win for mental health

Angie Chew was named The Straits Times Singaporean of the Year 2019, for her contributions to society in helping those with mental health issues. She hopes this recognition will inspire more to talk about the 'underinvested' issue. Read <u>more</u>...



Meeting the needs of underprivileged families

Non-profit Helping and Empowering Our Neighbours was started by Nilofar Iyer, who was determined to seek out and help underprivileged families in Singapore. She started the organisation after witnessing the life of some teenagers and children in the United States. Read <u>more</u>...



They save the food and customers pay less for it

Tingkat founder Pamela Low and TreeDots cofounder Nicholas Lim teamed up to offer a "group buy", allowing individual customers to purchase food that would otherwise have gone to waste. Read <u>more</u>...



Charity baking scheme gets its own space

To help pay for utilities, groceries and pocket money for her grandchildren, Rusnah Sajee, 59, joined Bakers Beyond, an initiative by Beyond Social Services, that enables her to bake snacks for sale. There are currently eight women in Bakers Beyond and they learn business skills and baking techniques from volunteers. Read <u>more</u>...

VOLUNTEER OPPORTUNITIES



Now - 20 February 2021

d'Klub Mentoring Programme

A weekly mentoring programme that aims to inspire and motivate children from disadvantaged family backgrounds to discover, develop and display their potential as well as enhance their resilience and enable them to rise above the challenges faced. <u>Find out more</u>.

COMPETITIONS & GRANTS



Now - 30 April 2020

Social Impact Internship Stipend

The Stipend provides opportunities for you to explore a meaningful career by creating social impact and shared values while banking on real world experiences. Click <u>here</u> to read more and apply.



Now - 6 April 2020

Samsung Solve For Tomorrow 2020

A competition that aims to inspire youths to conceptualise ideas that will make an impact, through themes such as environmental sustainability and inclusive harmonious society. Click <u>here</u> to read more and apply.

UPCOMING EVENTS



16 March - 9 April 2020

Arts For Good 2020

A collaboration between Nanyang Arts Fesitval and Student Community Engagement, Arts for Good promises to unleash your creativity streak; all while contributing to a worthy cause. <u>Find out</u> <u>more</u>.



Now - 7 March 2020

Theatre Production: The Son

It spotlights mental health issues affecting youths and delves into the heartbreaks and struggles of families living with loved ones with a mental health condition. Discounted student tickets available for Tuesday shows. <u>Find out more</u>.

OTHERS



Now - 22 March 2020

Art & Wellness: Gong Bath

Join a relaxing and peaceful Gong Bath session surrounded by contemporary art created by Biennale artists. Feel the vibrations from the gong reclaim your body and restore a natural resonance. Click here to find out more.



Let Art Support Singapore

Contribute words and drawings of encouragement to boost the morale of the frontline healthcare professionals as they fight against COVID-19. Tag your artworks with <u>#sgartforhcw</u> and <u>#nationalgallerysingapore</u> on Instagram or Facebook.



Student Community Engagement aims to empower students to make a difference through positive social actions. We believe that young people have a critical role to play in building a better world for themselves and the community.

We provide students access to opportunities such as grants for their ground-up initiatives and social entrepreneurship efforts, internships at non-profit organisations, and training programmes to develop community leadership skills.

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